

Evidence Based Practices for the Upward Bound Program

Name	Link	Evidence
Dual Enrollment Programs	https://ies.ed.gov/ncee/wwc/Intervention/1043	Strong
ACT/SAT Test Prep and Coaching Programs	https://ies.ed.gov/ncee/wwc/Intervention/99	Strong
Flight	https://ies.ed.gov/ncee/wwc/Intervention/62	Promising
HS Redirection	https://ies.ed.gov/ncee/wwc/Intervention/316	Promising
Bottom Line	https://ies.ed.gov/ncee/wwc/Intervention/1517	Moderate*

* Based on the effectiveness rating--the underlying study, <https://ies.ed.gov/ncee/wwc/Study/88785>, meets the Strong Evidence definition